

Health Protocols for the High School Seminary of Christ the King 2021-2022

The year at a glance:

- The calendar will be the same as usual with regard to home weekends, holidays and vocation live-ins. We hope to have more certainty near the end of September as to the social reality re: the pandemic.
- We plan to start school as normal as possible.
- Masks are required for indoor gatherings. We will start with a 7 day use of masks and self-assessment of symptoms. If no significant symptoms arise in that time, we will consider ourselves as a social bubble.
- As much as possible, the school will open with regular organization of places and activities, with the addition of the use of masks during the transition period to our social bubble. This includes Church and Chapel, arrangements in Study Halls and Dining Room, all regular indoor activities, dishwashing, house chores etc.
- Students are to self-assess to ensure they do not have any cold or flu symptoms <https://www2.gov.bc.ca/assets/gov/education/kindergarten-to-grade-12/covid/daily-health-check-english.pdf>.

When school begins: September 8.

- September 7, the Rector goes to Canada-US border in morning to meet and transport those USA students who are not traveling with their parents. Students from the USA will self-isolate in accordance with *the Quarantine Act*, if they are not fully vaccinated or are requested to do so by the border authorities: separate living quarters, meals brought to them etc. **See Appendix p. 2.**
- An individual risk assessment will be done on all seminarians upon arrival, temperatures recorded outside before entering the High School Lobby.
- Each student has his own reusable mask and/or supply of masks and keeps it on his person throughout the transition period. The school also has a supply of masks for any student who may require such.
- Each student will monitor and note his own health in terms of cold or flu symptoms and report anything significant to the Rector.
- If there is any reasonable concern re: symptoms, after using <https://bc.thrive.health/>, the Rector or other faculty member calls 811 to arrange for testing.
- If any student or member of the monastic faculty tests positive they are to be isolated for two weeks or until they are able to safely return to the seminary community. Parents are to be notified immediately of events. All of the above will be conducted in the order of and in accordance with the Ministry of Health Guidelines and guidance upon the reporting of such an event.
- Arrangements will be made to ensure that each student's books will be prepared for them and placed on their desk before they arrive. This will prevent unnecessary gathering in the rec room and book store.

- Parents may accompany their sons to their dorms and assist them when they arrive. All parents sons in the dorms should wear a mask.

Rec room & ping pong room

- During the transition period recreation periods will be held outside or in the gym.
- The recreation room and ping pong room will not be used for recreation while in transition as they are reserved for the isolated USA seminarians.

Lobby and hallways and Parlour at break time

- Students should go outside or to the gym during breaks. Those who stay inside must wear a mask during transition period.

Sanitising routine for high-touch surfaces:

Students will be assigned and properly equipped to sanitise various areas twice a day during transition period and daily afterwards:

- Drinking fountains
- Toaster
- Door handles, window handles, light switches in general
- Telephones
- Computer keyboards
- Sink faucets
- Laundry machines
- Pianos, organ
- Liturgical vessels or books

When leaving and returning the same day

- During or after quarantine students or faculty members who must leave the seminary (e.g. doctor, dentist appointments) must wear a mask while in public and wash their hands and change their clothes upon returning. During quarantine, they will also wear a mask in the car.

Outside Teachers and Workers:

- Teachers and workers from outside the Seminary community must enter by the receiving entrance. Before heading to the high school area they are to wash their hands at one of the wash-stations. The washroom in the high school lobby will be reserved for outside teachers and will be supplied with sanitary materials.

Appendix:

Self-Isolation for New and Returning Students from the USA

During Isolation periods – School opening, after Christmas Break, after Easter Break – Students from the USA will be isolated from the rest of the student population if they are required by the BC Ministry of Health. They will have separate sleeping quarters, washrooms and showers during these times. Food will be brought to them in their sleeping quarters. The high school ping pong room and recreation room are reserved for their use at all times during the isolation periods. These are located 2 floors below the rest of the students. Individual self-contained rooms are also available in a separate building should any student test positive after arrival.

Quarantine of COVID-positive monks or seminarians

Symptoms

If any monk or seminarian shows symptoms of COVID-19, he should notify his superior at once, who will see that he takes the online self-assessment test at <https://bc.thrive.health/>. (For safety, the superior or his delegate should obtain answers from the sick one orally and do the computer data entry.) If results of the above test require it, he should then phone 8-1-1 and book a COVID test.

While awaiting the test, the sick one will need to self-isolate: a monk or a major seminarian in his room, a minor seminarian in the high school infirmary. As needed, the infirmarian of the respective community will bring him meals and the superior or delegate visit him. If a minor seminarian needs to be transported to a testing station, both he and the driver need to wear a mask while in the car.

Quarantine

The results of a COVID test can take 24-48 hours to come in. It is desirable, especially for a younger seminarian, that he have the comfort of continued nearness to the community and not be too quickly quarantined in the guesthouse. While he awaits his results, he will remain in the high school infirmary but have meals brought to him. However, if he manifests simultaneously the three most common COVID symptoms (fever, dry cough, and shortness of breath), he should be quarantined in the guesthouse without delay. A similar judgement can be made for a major seminarian or monk, should he be awaiting the results of a COVID test.

If he is found to be COVID-positive, we will follow the directives of Fraser Health. If they judge that we keep the person on the premises, he will remain in quarantine in the guesthouse for 2 weeks. Here are some possible provisions for this situation:

- An infirmarian in the guesthouse will be assigned from the monastic community.
- room: 2nd floor, starting from 211 and 218
- visits:
 - infirmarian, at least for each meal
 - superior will visit at least once daily.
 - He will be brought Communion daily.
 - daily conversation with peers/confreeres at the window
 - possible contact of a seminarian with his parents by cell phone
- protective equipment during visits:
 - infirmarian: gown, visor and mask

- sick person: mask
- sanitising: door handle disinfected daily by infirmarian before entering
- disposal:
 - clothing and sanitising rags in designated bucket with lid
 - garbage in closed barrel
 - uneaten food: manure pile
 - dirty dishes in bleach water, then to dishwasher
- activity:
 - if health permits, some of regular prayer and study/reading (books needed)
 - any movement inside or outside the guesthouse building will have to comply with directives of health authorities

Family Visits Protocol

Guidelines for family visits during the 2021-2022 school year.

We are hoping to have regular Home Weekends and family visiting times on weekends this year. We will not know for sure until, likely, near the end of September – after things are settled in at the school and in the social fabric at large. We will monitor the situation and government protocols and respond accordingly.

Visiting Days

As mentioned in the Parents' Handbook. Families are welcome to visit their sons on weekends. We suggest that the visits, for local families, to be no more than once or twice between home weekends. The protocols for such visits this year will depend upon the health conditions of B.C.

If such visits need to be coordinated on account of health concerns, we will follow the protocols from last year:

Families will be asked to register at least one week beforehand with the secretary, Joanne, who will coordinate and communicate the visiting times. Families need to state the number of people coming and select the time frame that works best for them. Families cannot bring food and drinks for consumption there and then. However, if they wish to give food that the kitchen can later serve up to the seminarians, they can leave it on a designated table. Kitchen staff will pick it up and see that it is properly stored.

On the day of the visits, there will be different visiting areas in the gym with chairs and a table set up so that physical distancing can be easily maintained. On entering the gym, all sanitise their hands. There is a washroom downstairs. Only one person at a time may be in the washroom. Those next in line should wait upstairs in the room with the volleyballs and basketballs. Each one sanitises the sink and toilet after each use.

Families may wish to bring other items for their sons: clothing, books, gifts. These should be set on the designated table in the gym and clearly marked with their son's name. The rector will arrange that senior students bring them to a place of storage for a few days; this is a precaution against transmitting the coronavirus by touch. Then, they will be handed to their son.

Simple drop-off or pick-up of items

If family members need to drop off or pick up items for their son, they should alert him or the rector beforehand as to when they will come. The exchange of items and greetings will need to be limited to just outside or inside the lobby of the high school, maintaining distancing. Dropped-off items or food items are handled as mentioned above for visiting days.

Medical appointments

The seminary recommends that parents schedule medical or dental appointments for their sons during the Christmas and Easter breaks. However, when that is not possible, the seminary appreciates it if parents can take their sons to appointments themselves. This year, there is an added complication in that the seminarians will be within the COVID-free "bubble" of the seminary community. So, though it may seem strange, it will be necessary for parent and son each to wear a mask in the car ride and whenever they cannot maintain social distancing.

Please consult School Calendar for other dates and Holiday Times.

COVID-19 School Health and Safety Checklist August. 24, 2021.

Public Health Measures		
Attendance & Record Keeping	Practices in place to: <ul style="list-style-type: none"> maintain daily attendance records for staff, students, and visitors (including teachers on call, itinerant teachers/specialists, district/authority personnel, parents/caregivers, and volunteers), and maintain accurate class and bus lists. Daily attendance records should be kept for at least 45 days.	Included
Environmental Measures		
Ventilation & Air Exchange	All HVAC systems are operated and maintained as per standards and specifications, and are working properly.	Included
	Risk mitigation strategies are identified for excessive heat events or times of poor air quality.	Included
	Frequently touched surfaces (those touched by larger numbers of people) are cleaned and disinfected at least 1x/day. Surfaces touched	Included

Cleaning and Disinfecting	by fewer people are cleaned 1x/day.	
	Practices are in place to clean and disinfect frequently touched surfaces when they are dirty.	Included
	Other general cleaning occurs in line with regular practices.	Included
	Practices are in place to clean and disinfect any surfaces a person's body fluids have contacted after they have displayed symptoms of illness.	
	<i>Administrative Measures</i>	
Gatherings & Events	School extracurricular and social gatherings and events (including those occurring within and between schools) are in line with those permitted as per relevant local, regional, Provincial and Federal health recommendations and Orders.	Included
Space Arrangement	In indoor spaces, people have enough room to carry out intended activities without involuntary physical contact and all available spaces used.	Included
	For indoor gatherings, people are spread out within the available space and room capacity limits are not exceeded.	Included
	During breaks and other unstructured time in indoor settings, strategies are in place to ensure there is enough space available to prevent involuntary physical contact.	Included
Staff Specific Considerations	WorkSafe BC guidance for workplaces is used to determine measures for staff-only spaces within a school and/or for non-school spaces operated by the school district/authority.	Included
	Staff-only gatherings (e.g., meetings, professional development days, etc.) occur in line with those permitted as per relevant local, regional, Provincial, and Federal public health recommendations and Orders for workplace gatherings and events and any related WorkSafe BC guidance.	Included
Visitors, including Itinerant Staff, Temporary Teachers on Call, Parents and Others	Processes are in place to ensure itinerant staff, teachers on call and visitors are aware of the school's communicable disease plan and their responsibility to follow measures at all times.	Included
Curriculum, Programs and Activities	For music and physical education (and other subjects as necessary), prevention practices specific to the activity are implemented (e.g., cleaning mouth pieces and water bottles between use).	Included
	Local and international field trips occur in line with those permitted as per relevant local, regional, Provincial, and Federal public health recommendations and Orders for local and/or international travel.	Included
	Frequently touched surfaces are cleaned and disinfected at least 1x/day. Surfaces touched by fewer people are cleaned 1x/day.	

Bus Transportation	Practices are in place to clean and disinfect frequently touched surfaces when they are dirty.	Not Applicable
	Other general cleaning occurs in line with regular practices.	
	Practices are in place to encourage bus drivers and passengers to practice hand hygiene before and after trips.	
	Spread passengers out if empty seats are available.	
	Windows are opened when the weather allows.	
Food Services	Food services (e.g., meal programs, cafeterias, fundraisers, etc.), are following regular operational and food safety practices.	Included
Community Use of Schools	Community use of school facilities is aligned with related public health guidance, recommendations and Orders.	Not applicable
Water Fountains	The use of water fountains is not limited.	Included
Personal Measures		
Daily Health Checks	Staff, parents and students are regularly reminded of their responsibilities to complete a Daily Health Check and are provided with resources on how to complete one (e.g., the K-12 Health Check app).	Included
Stay Home When Sick / What To Do When Sick	Staff and students are regularly reminded to stay home when they are sick and are provided with resources on what to do when they are sick (e.g., the BC Self-Assessment Tool app).	Included
Symptoms Develop at School	Practices are in place to appropriately respond when a staff member, student, or other person develops symptoms of illness while at school.	Included
Returning to School After Illness	Health care provider notes (i.e., a doctor's note) are not required to confirm the health status of any individual, beyond those required to support medical accommodation as per usual practice.	Included
Hand Hygiene & Respiratory Etiquette	Hand cleaning facilities are available and accessible throughout the school and are well maintained.	Included
Personal Protective Equipment		
Masks	Staff, adult volunteers and visitors, and students in Grade 4 and higher in "bricks and mortar" schools wear a non-medical	<input type="checkbox"/> Included